

*Contra Costa County  
Early Start Program*

**Concern** about a child's development leads to...

**CARE Parent Network**  
for parent-to-parent support at  
(800) 281-3023

**Referral**  
by professional, parent, or other concerned person to ...

**Regional Center of the East Bay**  
If a child:

- has an established risk condition
- has significant delay in 1 or more developmental areas
- is at high risk for developmental disabilities.

(510) 383-1355 or (510) 383-1327

**Local Education Agency**  
For vision, hearing or orthopedic concerns  
Early Start  
(925) 625-6330 ext. 110 or (925) 743-9710  
Mt. Diablo Unified School District  
(925) 825-0144  
West Contra Costa Unified S.D.  
(510) 233-1955

**California Children Services**  
If child has eligible medical condition  
(925) 313-6100

**Evaluation** of child by Regional Center or LEA to determine eligibility (parental consent required).  
**IF ELIGIBLE**                      **If not eligible, refer to...**

Other community resources:  
Health Services, Social Services, Mental Health, Alcohol & Drug Programs and other agencies.  
For complete list, contact **CARE Parent Network.**

**Assessment** of child's needs & family priorities and resources leading to development of....

**Individualized Family Service Plan (IFSP)** for children birth to 3 years old and their families.  
Summary:

- Family & agency representatives meet to review child's assessment & needs of the family.
- Desired developmental outcomes are determined & necessary services are identified.
- An IFSP plan is written outlining desired outcomes, services and service providers.
- Services begin.

The IFSP must be completed 45 days from referral date. Progress is reviewed every 6 months & IFSP revised as needed.

At about age 30 months, evaluation begins to determine continuing Regional Center eligibility after age 3 & eligibility for LEA special education preschool services.  
**IF ELIGIBLE**                      **If not eligible**

**Individualized Education Program (IEP)** is developed with LEA and/or  
**Individualized Program Plan (IPP)** is developed with Regional Center

Early Start services end at age 3