

Supporting Positive Behavior

Adapted from a workshop and training materials by Kids Included Together, www.kitonline.org

1. Behavior is communication.

All behavior has a purpose.

2. Safety is always the first consideration.

3. Be clear about expectations.

All children can be expected to be kind & respectful of others.



4. Plan for transitions.

Help children prepare for change by letting them know a change in activity is coming & by giving & repeating cues about (1) when the change will happen, (2) how it will happen, & (3) what will happen.

5. Post & use a schedule (in words & pictures).

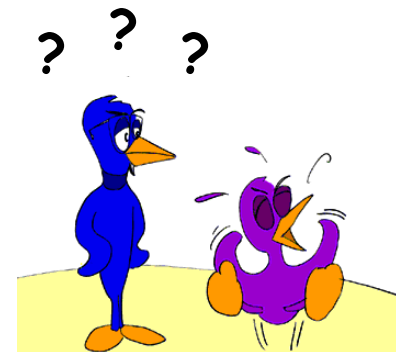
Having a schedule gives children a sense of control & independence & helps them to prepare for transitions & to self-regulate behaviors.

6. Reflect before you react.

Observe the child. Deliberately watch & Listen to the child's behaviors. Examine the physical, sensory & social-emotional environments for signs & signals that a child may be overloaded & stressed.

7. Help a child find a more desirable behavior to replace a less desirable one.

Replacing one behavior with another is more successful than just trying to stop a behavior.



8. Collaborate with parents & ask them for ideas to help modify behaviors.



9. Develop a behavior plan.

Pick one behavior to modify. Involve the child in developing the plan. Include the desired behaviors in the plan. Be consistent in implementing the plan.

10. Prevention is best!

Catch children "doing it right".

Catch a child in the act of exhibiting a positive, desirable behavior & reward him or her.