

Prevention Program for Infants and Toddlers

PREVENTION PROGRAM

The Prevention Program is a program of the **Regional Center of the East Bay**, and it is intended to follow the development of children who are at significant risk for a developmental disability but who are not eligible for Regional Center services under Early Start. The program provides developmental monitoring, family education and training, and referrals to community resources.

WHO IS ELIGIBLE?

A child from birth to three years old may be eligible for services if the child (1) has two or more factors that put them at risk for a developmental delay or disability, (2) is 24-35 months old when initially referred to the program and has a developmental delay of between 33% and 49% in one area of development, or (3) has a parent with a developmental disability.

Some factors that may put a child at risk for developmental delay or disability are:

- Premature birth (before 32 weeks)
- Low birth weight of less than 1,500 grams (about 3 pounds)
- Difficulty with breathing that requires a ventilator for more than 48 hours in the first 28 days after birth
- Seizures not related to fever
- Brain and nervous system disorder, injury or infection
- Substance exposure before birth
- Injury, accident or illness that may seriously or permanently affect development
- Genetic disorders that may affect development
- Physical, physiological or metabolic problems present at birth that may affect development

Eligibility is determined by evaluating a child's development in the following areas:

- Cognitive development (*thinking*)
- Physical and motor development, including vision and hearing
- Communication development (*speech and language*)
- Social/emotional development
- Adaptive development (*self-help skills*)

See the reverse side for more information about developmental evaluation.

HOW ARE SERVICES PROVIDED?

If a child is found to be eligible for the Regional Center's Prevention Program, he or she will be assigned a Prevention Coordinator who will provide (1) case management (following a child over time and checking in with the child's parents or caregivers), (2) developmental screening and monitoring, (3) information on and referrals to community resources (e.g. programs that support early childhood development and education), and (4) invitations to workshops and trainings designed to help parents or caregivers learn how to support their child's development. Services are provided at no cost to families.

TO REFER A CHILD FOR DEVELOPMENTAL EVALUATION IN CONTRA COSTA COUNTY, CALL:

Regional Center of the East Bay	(510) 618-6195
West Contra Costa Unified School District	(510) 233-1955
Mt. Diablo Unified School District	(925) 825-0144
San Ramon Valley Unified School District and Orinda, Moraga, Lafayette and Walnut Creek School Districts	(925) 743-9710
Contra Costa County Office of Education (all other school districts)	(925) 625-6330 x210



CARE PARENT NETWORK

Compiled by CARE Parent Network, www.CAREParentNetwork.org
With funding from First 5 Contra Costa



If You Have Concerns About Your Child's Development

You can refer your child to one of the agencies listed on the reverse side, and they will evaluate your child's development to determine if he or she is eligible for services.

The programs listed below can also provide evaluations of your child's development. Your child's healthcare provider may be able to recommend programs that can evaluate your child as well. Health insurance may cover some or all evaluations -- check with your insurer. You may request an evaluation based on concerns you may have about any aspect of your child's development including vision, hearing, speech and language skills, motor skills, self-help skills, cognitive development (thinking), or social/emotional development. The results of an evaluation may lead to referral to a medical specialist for diagnosis or medical treatment and/or to referral for developmental monitoring and/or services (see reverse side).

When you call, state why you are calling and ask if there is a specific person to whom you should speak. For example, "I am worried about my child's vision (or hearing or development or behavior). Whom can I talk to about my concerns?"

ASSESSMENTS IN MULTIPLE DEVELOPMENTAL AREAS

Children's Hospital & Research Center Oakland

Developmental and Behavioral Pediatrics (510) 428-3351
Speech/Language Center (communication and hearing) (510) 428-3545

Alta Bates Summit Medical Center

Pediatric Outpatient Program (510) 204-4599
(for speech/language, motor skills, hearing and behavior/mental health evaluations)

Contra Costa Regional Medical Center, Child Development Clinic

(for children and families with the Contra Costa Health Plan or full-scope Medi-Cal) (925) 370-5490

ASSESSMENTS OF HEALTH AND MEDICAL CONDITIONS

Child Health and Disability Prevention Program

If you have health insurance for your child (800) 495-8885
If you do not have health insurance for your child (925) 313-6150

Contra Costa Health Services, Appointments at health centers

(800) 495-8885

California Children Services (for children with physically disabling conditions)

(925) 313-6100

SOCIAL/EMOTIONAL ASSESSMENTS

Early Childhood Mental Health Program (West County)

(510) 412-9200

Lynn Center (East County)

(925) 439-9628

We Care Mental Health Services (Central County)

(925) 685-0207

VISION ASSESSMENTS

Blind Babies Foundation

(510) 446-2229

University of California, School of Optometry

Meredith Morgan University Eye Center (510) 642-2020
Web site: www.caleyecare.org

HEARING AND COMMUNICATION (SPEECH AND LANGUAGE) ASSESSMENTS

California State University East Bay (Hayward Campus), Center for Communicative Disorders

Speech, Hearing and Language Clinic (510) 885-3241



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