

Peer Support Program

Would you like to talk with a peer parent who can provide a safe place to share your experience of having a child with special needs?

Would you like to talk with a parent who has "been there"?

Peer support involves:



- One-to-one support
- Emotional availability of a parent with similar concerns
- Strict confidentiality

Peer support helps to:

- Decrease feelings of isolation
- Increase your sense of empowerment and your coping skills



We invite you to contact us and request a match with one of our peer support parents.

We can link you with another parent
based on your child's special needs or age, your geographic location, language or other commonalities you identify.

◀ **Call CARE Parent Network**
(800) 281-3023 x101 ▶



CARE Parent Network, www.CAREParentNetwork.org
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