

# Community Resources: Health Care Services

See reverse for mental health services

## HEALTH COVERAGE PROGRAMS

In Contra Costa County, call the toll-free Health Access Line (877) 503-9350.

Web site: [www.cchealth.org/insurance/](http://www.cchealth.org/insurance/)

### PROGRAMS

Medi-Cal  
Healthy Families  
Kaiser Permanente Child Health Plan

Basic Health Care  
Access for Infants and Mothers (AIM)

### DESCRIPTION

Medical, dental & vision insurance for low-income families.  
Low-cost medical, dental & vision insurance for low- and middle-income children.  
Private medical & dental insurance for middle-income children not eligible for Medi-Cal or Healthy Families.  
Temporary health coverage for low-income, uninsured residents of Contra Costa County.  
Health insurance for middle-income pregnant women.

## CALIFORNIA CHILDREN SERVICES (CCS)

Specialized medical care, treatment and therapy services for eligible children under 21.

Address: 597 Center Avenue, Suite 110, Martinez, CA 94553

Phone: (925) 313-6100; Fax: (925) 313-6115

Web site: [www.cchealth.org/services/ca\\_childrens\\_services/](http://www.cchealth.org/services/ca_childrens_services/)

## CHILD HEALTH AND DISABILITY PREVENTION PROGRAM (CHDP)

Preventive health care for children of low-income families; health care for children in foster care.

Address: 597 Center Avenue, Suite 280, Martinez, CA 94553; Fax: (925) 313-6160

If you have health insurance, call: (800) 495-8885

If you do not have health insurance, call: (925) 313-6150

Web site: [www.cchealth.org/services/child\\_health/](http://www.cchealth.org/services/child_health/)

## CONTRA COSTA COUNTY HEALTH CENTERS AND PUBLIC HEALTH CLINICS

Primary medical care, well child check-ups, child health screening, immunizations and other health services.

For information, call: (877) 905-4545. For appointments (all clinics), call: (800) 495-8885.

Web site: [www.cchealth.org/services/centers\\_clinics/](http://www.cchealth.org/services/centers_clinics/)

## CONTRA COSTA REGIONAL MEDICAL CENTER (CCRMC)

Full service hospital offering a complete array of health care services to County residents regardless of ability to pay.

Address: 2500 Alhambra Avenue, Martinez, CA 94553

For information, call: (925) 370-5000. For appointments, call: (800) 495-8885.

Web site: [www.cchealth.org/medical\\_center/](http://www.cchealth.org/medical_center/)

**MOBILE CLINICS** -- Provide free medical care, evaluation & referral, assistance with Medi-Cal eligibility

**Health Care for the Homeless:** Free general medical care. For locations, days, times, call: 211

**John Muir Mobile Health Clinic** (Brentwood): Primary care, care for illness & injury, referral. Call (925) 363-7588

**RotaCare Bay Area Clinic** (Pittsburg, Wednesday evenings): Primary care. Call (925) 363-7588 for appointments.

Web site: [www.rotacarebayarea.org/clinics/pittsburg.html](http://www.rotacarebayarea.org/clinics/pittsburg.html)

**RotaCare Bay Area Clinic** (Concord, Thursday evenings): Primary care. Call (925) 363-7588 for appointments.

Web site: [www.rotacarebayarea.org/clinics/concord.html](http://www.rotacarebayarea.org/clinics/concord.html)

## CRISIS NUMBERS (24 hr.)

**CONTRA COSTA CRISIS CENTER 1 (800) 833-2900**

Suicide prevention, Crisis counseling, Grief counseling, Homeless services

**POISON HELP 1 (800) 222-1222**

**STAND AGAINST DOMESTIC VIOLENCE 1 (888) 215-5555**



Compiled by CARE Parent Network, [www.CAREParentNetwork.org](http://www.CAREParentNetwork.org)  
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# Community Resources: Mental Health Services & Counseling

## CONTRA COSTA COUNTY MENTAL HEALTH SERVICES

Regional mental health clinics provide counseling for children and families. Staff can provide information about mental health resources including the County's specialized services for people who are seriously emotionally disturbed.

For psychiatric emergencies go to Contra Costa Regional Medical Center (north side), 2500 Alhambra Ave., Martinez.

Phone: 888-678-7277 (anytime day or night) for emergency or appointments.

Web site: [www.cchealth.org/groups/mental\\_health/](http://www.cchealth.org/groups/mental_health/)

## DIABLO VALLEY COUNSELING CENTER

Individual, couple, child and family counseling. Sliding fee scale.

Address: 3000 Citrus Circle, #112, Walnut Creek, CA

Phone: 925-210-1414

## JEWISH FAMILY AND CHILDREN SERVICES OF THE EAST BAY

Individual, child & family counseling. All religions welcome. Sliding fee scale.

Contra Costa County office: 1855 Olympic Blvd., Suite 200, Walnut Creek

Phone: 925-927-2000

Web site: [www.jfcs-eastbay.org](http://www.jfcs-eastbay.org)

## JOHN F. KENNEDY UNIVERSITY COMMUNITY COUNSELING CENTER

Adult, child and family therapy by advanced graduate students supervised by licensed therapist. Sliding fee scale.

Address: 380 Civic Drive, Ste. 200, Pleasant Hill 94523

Phone: 925-798-9240

## NAMI-- NATIONAL ALLIANCE FOR MENTAL ILLNESS

Support groups for families of individuals with mental illness. NAMI provides emotional support, education and advocacy for individuals with mental illness and their families. NAMI does not provide counseling.

Address: Crestwood Healing Center, 550 Patterson Blvd., Pleasant Hill, 94523

Phone: 925-942-0767

Web site: [www.namicontracosta.org](http://www.namicontracosta.org)

## TOUCHSTONE COUNSELING SERVICES, INC

Individual, couple, child and family counseling. Sliding fee scale.

Address: 140 Mayhew Way, Suite 606, Pleasant Hill 94523

Phone: 925-932-0150

## WEST COAST CHILDREN'S CLINIC

Outpatient mental health services for children & families. Sliding fee scale, accepts Medi-Cal & some insurance.

Address: 3301 E. 12<sup>th</sup> St., Suite 259, Oakland, CA 94601

Phone: 510-269-9030

Web site: [www.westcoastcc.org](http://www.westcoastcc.org)



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